


Southwest Idaho Juvenile Detention Center	Chapter # 3 Food Services		Policy # 3-10 WELLNESS
			Pages: 2
Policies and Procedures Manual	Topic: Wellness Policy		
	Related ID Code, IDAPA, or ACA Standards: Section 204, IDAPA 5,1,2, Healthy, Hunger-Free Kids Act of 2010		
Authorization: 	Issue Date: Sept 6, 2017	Effective Date: Sept 15, 2017	

I. Policy

To promote wellness and ensure that juveniles are not exposed to foods or snacks that are deficient in nutritional value.

II. Procedures

A. Nutrition Education

1. The Center will, to the extent possible, implement a nutrition education program, involving posters, literature and/or instruction.

B. Nutrition Standards

1. The Center will furnish only meals that follow the National School Lunch Program (NSLP) for breakfast and lunch unless emergency conditions exist.
2. The Center will furnish only meals that have been approved by the Canyon County Jail nutrition program for dinner unless emergency conditions exist.
3. The Center does not have a school snack program. If a school snack program is implemented, the Center shall follow the “Smart Snacks in Schools” standards.

(Guidance for this policy section was derived directly from the publication titled “Smart Snacks in School,” located at http://www.fns.usda.gov/sites/default/files/allfoods_flyer.pdf .)

C. Physical Activity

1. The Center will comply with the Idaho Standards governing exercise located in the IDAPA, section 5, title 1, chapter 2, subsection 265.
2. The Center’s Physical Education specialist or his/her designee may, when feasible, work with juveniles to learn and implement individual or small group exercise and activity programs to supplement the Center’s regular large-muscle exercise program. .

D. Evaluation and Implementation Measurement

1. For evaluation and implementation measurement purposes, any violations of this policy should be documented with an incident report entitled “violation of nutritional policy.”
2. The Center’s Physical Education Director is hereby designated to serve as compliance monitor for meeting the requirements of the Act.